

2022 Spring Schedule

May 2, 2022 - June 30, 2022: Nepean Sportsplex Rink 2									
	Monday		Tuesday		Wednesday		Thursday		Friday
3:15	Comp/Pre-Comp (50min)	3:15	Comp/Pre-Comp (50min)	3:15	Comp/Pre-Comp (50min)	3:15	Comp/Pre-Comp (50min)	3:15	Comp/Pre-Comp (50min)
	Flood (4:05)		Flood (4:05)		Flood (4:05)		Flood (4:05)		Flood (4:05)
4:15	Comp/Pre-Comp/Dev (50min)	4:15	Comp/Pre-Comp/Dev (50min)	4:15	Comp/Pre-Comp/Dev (50min)	4:15	Comp/Pre-Comp/Dev (50min)	4:15	Comp/Pre-Comp/Dev (50min)
	Flood (5:05)		Flood (5:05)		Flood (5:05)		Flood (5:05)		Flood (4:05)
5:15	Comp/Pre-Comp/Dev (50min)	5:15	Comp/Pre-Comp/Dev (50min)	5:15	Comp/Pre-Comp/Dev (50min)	5:15	Comp/Pre-Comp/Dev (50min)	5:15	Comp/Pre-Comp/Dev (50min)
	Flood (6:05)		Flood (6:05)		Flood (6:05)		Flood (6:05)		Flood (6:05)
6:15	Star (50min)	6:15	Star (50min)	6:15	Star (50min)	6:15	Star (50min)	6:15	Star (50min)
	Flood (7:05)		Flood (7:05)		Flood (7:05)		Flood (7:05)		Flood (7:05)
7:15	Senior Star (50min)	7:15	Senior Star (50min)	7:15	Senior Star (50min)	7:15	Senior Star (50min)	7:15	Senior Star (50min)

Exception Days: No skating May 23rd (Victoria Day)
No Star and Sr Star sessions on June 29th-TEST DAY

Off Ice Schedule:

Mondays: 7am-8am Nepean Sportsplex Hall E (Instructor: Leonid)

Tuesdays: Nepean Sportsplex Rec Room (Instructor: Irina)

5:00pm-6:00pm Star/Sr Star

6:15pm-7:15pm Comp/PreComp/Dev

7:15pm-8:15pm Open

Wednesdays: 6:15pm-7:15pm Nepean Sportsplex Hall E (Instructor: Leonid)

Thursdays 7am-8am Confederation High School (May only) (Instructor: Leonid)

Nepean Sportsplex Hall E (June only) (Instructor: Leonid)