



# **Skater Code of Conduct**

Skating is a competitive and individualized sport which requires safe and courteous behaviour from all participants, on and off the ice. Skaters need to be aware of one another and react predictably to ensure their own and others' safety. Each skater is responsible for being aware of and practicing the rules of etiquette and safety noted below.

*All skaters registered for sessions at the Nepean Skating Club are expected to exhibit the following behaviours at all times while training at Nepean. All Nepean Skating Club skaters are expected to further exhibit these behaviours at all times while representing the Nepean Skating Club.*

## **Senior skaters must act as role models at all times.**

- Skaters are expected to be skating at all times while on the ice. They are expected to get up promptly after a fall in order to keep pathways clear for other skaters.
- The ice surface should be used for practice and not for conversation. Working in small groups with a coach's approval is acceptable.
- When practicing routines, skaters must learn to manoeuvre around other skaters and still complete jumps, spins and footwork successfully. The skater whose music is playing at that time has the right of way. Calling out "Excuse me!" or "Heads up!" will alert other skaters to get out of the way.
- After a fall, skaters must get up quickly and keep moving.
- Foul language, yelling, abusive or aggressive behaviour; including kicking holes in the ice is prohibited and will result in loss of Club privileges.
- Skaters must clear the ice promptly at the end of each session.
- Sitting on the boards is not permitted.

## **General Rink Behaviour**

- Food, drink, and gum are not permitted on the ice. Water bottles are acceptable but must be left at the boards. Glass bottles are prohibited.
- Due to insurance requirements, only registered Skate Canada members are permitted on the ice, except in a medical emergency.
- Sitting on the boards is not permitted.
- Spectators, including parents of skaters, may watch from the stands or seating area, but are requested to not stand by the boards. They must refrain from conversing with or offering direction to skaters on the ice. If a skater needs more direction, the coach should be consulted after the session and a plan developed to help the skater become more independent.
- The doors along the rink must be kept closed while a session is in progress to ensure the safety of the skaters on the ice.

## **Disciplinary Action will follow these steps:**

- 1<sup>st</sup> offence: Verbal warning from skater's coach, parent informed of warning, if skater is under the age of majority. A copy of the Code of Conduct will be given to the skater to review again.
- 2<sup>nd</sup> Offence: Letter from President to the skater or skater's parent, if skater is under the age of majority.
- 3<sup>rd</sup> Offence: Suspension from all Club programs and events for 1 week. (This includes all competitions.)
- 4<sup>th</sup> Offence: Skater will be asked to leave the Club.